

Caregiver Pathways Support Groups (March 2019- December 2019)

The Caregiver Pathways Support Groups are for family members, or friends, who have a loved one with Alzheimer’s disease or a related dementia, who wish to attend a group where they can learn about the disease, and receive informal support from others who are experiencing what they are. The groups are on-going, and are facilitated by First Link® Coordinators, or specially trained volunteers. The groups are not appropriate for the individuals with dementia to attend with their caregivers.

If you would like to attend one of our groups, **Please contact us at 519-941-1221 to register.**

MONTHLY SCHEDULE		
<i>Men’s group – male caregivers – Orangeville</i>		
<p>Mar 6 Aug 7 April 3 Sept 4 May 1 Oct 2 June 5 Nov 6 July 3 Dec 4</p>		<p>1st Wednesday of the Month 1:30-3:00pm</p>
<i>All caregivers – Shelburne</i>		
<p>Mar 13 Aug 14 April 10 Sept 11 May 8 Oct 9 June 12 Nov 13 July 10 Dec 11</p>		<p>2nd Wednesday of the Month 1:30pm-3:00pm</p>
<i>Adult Child Caregivers- Orangeville</i>		
<p>Mar 25 Aug NO GROUP April 22 Sept 23 May 27 Oct 28 June 24 Nov 25 July 22 Dec 16 *</p>		<p>4th Monday of the Month 6:30pm-8:30pm</p>
<i>All caregivers – Orangeville</i>		
<p>Mar 28 Aug 22 April 25 Sept 26 May 23 Oct 24 June 27 Nov 28 July 25 Dec 19*</p>		<p>4th Thursday of the Month 10:00am-12:00pm</p>

*** date has been changed**

Please note In the event of inclement weather, support groups will be cancelled. When Dufferin County School buses are cancelled due to weather, our programs will not be running. Please ensure to check the news for bus cancellations or feel free to contact our office.

Making Memories Social Groups

Making Memories is a social program open to those living with dementia and their care partner who are registered with the First Link® team.

If you would like to attend one of our groups, **Please contact us at 519-941-1221 to register.**

<p><u>Orangeville</u></p> <p>Date: Fridays- weekly</p> <p>Time: 1:30 pm – 3:00 pm.</p> <p>Location: Alzheimer Society of Dufferin County 25 Centennial Road, Unit 1, Orangeville, ON L9W 1R1</p> 	<p><u>Shelburne</u></p> <p>Date: 3rd Wednesday of every month</p> <p>Time: 1:30 pm – 3:00 pm.</p> <p>Location: Shelburne Centre for Health 2nd Floor Meeting Room 167 Centre Street Shelburne, ON L9V 3R8</p>
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Caregiver Connections

Caregiver Connections is a group for persons caring for someone with a life threatening illness. This group is a collaboration between Dufferin Oaks LTC, Alzheimer Society of Dufferin County and Hospice Dufferin, and will be facilitated by staff from all three organizations.

The intent is to provide a safe space for caregivers to share, learn and support one another around losses and grief experienced in their journey. Sessions will include psycho-education, meditation, sharing and a gratitude practice.

Please contact Tiffany McCabe, Social Worker at Dufferin Oaks 519-925-2140x5260 to Register.

Group will be held the 3rd Tuesday of each month from 11am-12pm at Dufferin Oaks in Shelburne (first floor meeting room)

July 16
 Aug 20
 Sept 17
 Oct 15
 Nov 19
 Dec 17